

Visual Essay

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Project Summary:

The visual essay that I chose to create revolves around a student athlete who is struggling with her schoolwork and uses the game of basketball as an escape from reality. I decided to do my assignment on this topic as basketball is a sport that I have played since a child and has grown into one of my passions. However, now that I am in university with a heavy workload and more responsibilities, I find it hard to do the things I love. This is not the case for the student athlete in my visual essay as I purposely show that even through all the stress her schoolwork puts on her she still finds the time to play basketball. I strongly believe that many people can relate to my visual essay because we often have so many things to do that, we forget to do the things that truly make us happy. In addition, our passions not only make us happy as they are a big part of who we are, therefore, by not making the time or forgetting about them is like forgetting apart of yourself. Personally, I believe that life is all about balance which is why I had my character wear a backpack full of textbooks and hold a basketball in my final, concluding, image. This picture is meant to symbolize the equal distribution of stress and hard work, with doing what you love which is an essential balance that everyone should try to achieve. My idea of showing the life of a student athlete is original as I have never seen any type of media like it. I think that this is an interesting concept because there are so many superstar athletes that started off similar to my character, however, I have not yet seen a film or media text portraying this type of story. Furthermore, the character being a female adds another level of uniqueness to it. This is because female athletes are not given the recognition they deserve and because of this there is limited media on them.

Photo Captions:

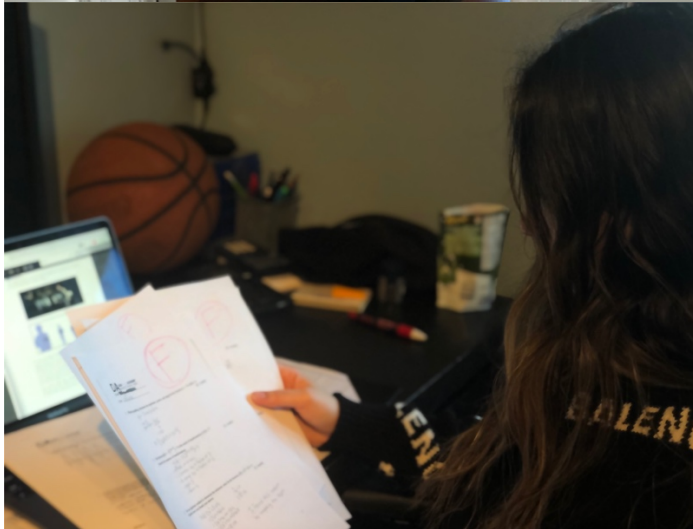
Camera Used: iPhone X



01: Student athlete gets out of school and has a lot of work to do. Medium long shot (Bordwell and Thompson, 189) and two-point perspective (Block, 18).



02: Student athlete is stressed about her schoolwork. Long shot (Bordwell and Thompson, 189).



03: Looks at her failed tests. Medium close up (Bordwell and Thompson, 189) and deep space, focus (Block, 42).



04: Student athlete gets frustrated at her bad marks and starts to cry. Extreme close up (Bordwell and Thompson, 189).



05: She picks up a basketball and becomes a little happier. Medium shot (Bordwell and Thompson, 189) and deep space, overlap (Block, 41).



06: She ties up her basketball shoes. Medium close up (Bordwell and Thompson, 189) and canted shot (Bordwell and Thompson, 188).



07: Student athlete starts to warm up by dribbling the ball. Medium long shot (Bordwell and Thompson, 189) and deep space, movement (Block, 28) and three-point perspective (Block, 22).



08: Starts to practice her shot and is feeling even happier. Medium shot (Bordwell and Thompson, 189).



09: Continues to practice her jump shot. Long shot (Bordwell and Thompson, 189) and high angle (Bordwell and Thompson, 188) and deep space, 3D pictures (Block, 42).



10: Student athlete is finished practicing and is going back inside to finish schoolwork. Medium long shot (Bordwell and Thompson, 189).